

The graphic for the 16th Biennial PIMA Sindh Convention features a large white "16" with a red and white patterned background. To the right of the "16" is the word "BIENNIAL" in white, bold, uppercase letters. Below "BIENNIAL" is a red silhouette of a bridge. Underneath the bridge is a red banner with the words "PIMA SINDH" in yellow, bold, uppercase letters. Below the banner is the word "CONVENTION" in white, bold, uppercase letters.

16th BIENNIAL
PIMA SINDH
CONVENTION

22nd - 23rd March 2019 IBA University, Sukkur

CME
ACCREDITED
Activity

Scientific
Programme
Booklet



Pre Convention Workshops

Pre Convention Workshop A: Early Essential Neonatal Care

Facilitator:

Dr. Rafia Balouch, HOD, Shaikh Zaid Hospital, Larkana

Date: 8th March, 2019

Venue: Sheikh Zaid Hospital, Larkana

Pre Convention Workshop B: Neonatal Resuscitation

Facilitator:

Dr. Khalid Zuberi, G S, Pakistan Pediatric Association / Dr. Shakeel Rizvi

Date: 14th March, 2019 **Time:** 09:30 am to 01:00 pm

Venue: Al-Khidmat Medical Centre, Al-Huda Masjid,
Power House Chorangi, North Karachi

Pre Convention Workshop C: Helping Babies Breathe HBB

Facilitator:

Dr. Sobia Ramzan, (FCPS, Consultant Pediatrician)

Date: 16th March, 2019

Venue: Lady Dufferens Hospital, Hyderabad



Pre Convention Workshop D: **Helping Babies Breathe HBB**

Facilitator:

Dr. Shabnum Naz (FCPS, MCPS & Gold Medalist)
HOD Department of Gynaecology, Khairpur Medical College

Date: 16th March, 2019

Venue: Conference Room Gynae Unit 1 Lady Willingdon Hospital
Khairpur Mir's

Pre Convention Workshop E: **Helping Babies Breathe, 'Train The Trainer' Course** (In Collaboration with Rotary Club)

Facilitator:

Dr. Syed Furrugh Jamil, Consultant Paediatrician, King Abdullah Specialised Children's Hospital (KASCH), Riyadh

Dr. Michael Fernando, Consultant Paediatrician, Yeovil District Hospital, U.K.

Dr. John Furness, Consultant Paediatrician, Darlington Memorial Hospital, U.K.

Dr. Mohammed Bagha, Consultant Paediatrician, KASCH, Riyadh

Dr. Arona Ahmad, Specialist Registrar (Paediatrics), Yeovil District Hospital, U.K.

Dr. Abdul Rasheed Memon, Paediatrician, General Secretary, PIMA Sindh, Pakistan

Date: 18th - 19th March, 2019

Venue: Koohi Goth Hospital Bin Qasim Town, Deh Landhi Karachi, Pakistan



Preview Room: Hall 206 Administration Block IBA Sukkur

Day 1- Pre Convention Workshops

22nd March, 2019 - Friday

Timings: 09:30 am - 06:30 pm

Pre Convention Workshop 1:

Helping Babies Breathe, A Trainer Workshop

Facilitator:

Dr. Abdul Rasheed Wahab Memon / Dr. Farrukh Jamil, Saudi Arabia

Dr. Syed Farrukh Jamil, Consultant Paediatrician, King Abdullah Specialised Children's Hospital (KASCH), Riyadh

Dr. Michael Fernando, Consultant Paediatrician, Yeovil District Hospital, U.K.

Dr. John Furness, Consultant Paediatrician, Darlington Memorial Hospital, U.K.

Dr. Mohammed Bagha, Consultant Paediatrician, KASCH, Riyadh

Dr. Arona Ahmad, Specialist Registrar (Paediatrics), Yeovil District Hospital, U.K.

Dr. Abdul Rasheed Memon, Paediatrician, General Secretary, PIMA Sindh, Pakistan

Date: 21st & 22nd March, 2019 **Time:** 09:30 am - 04:00 pm

Venue: Pakistan Club, Near NICVD Sukkur

Pre Convention Workshop 2:

Basics of ECG

Facilitator:

Dr. Fawad Ahmed Farooq, NICVD, Karachi

Dr. Fayaz Mujtaba, NICVD, Larkana

Date: 22nd March, 2019 **Time:** 11:00 am - 01:00 pm

Venue: Final Year Lecture Hall, GMMC Sukkur

Pre Convention Workshop 3:

Urology

Facilitator:

Dr. Abdul Saboor / Dr. Nisar Shaikh

Date: 22nd March, 2019 **Time:** 11:00 am - 01:00 pm

Venue: Lecture Hall (Medicine), GMMC Sukkur

Pre Convention Workshop 4: Vertigo and its Management

Facilitator:

Prof. Mushtaque Ali Memon, Chairman Dept of ENT and H&N Surgery,
LUMHS, Jamshoro

Dr. Atif Hafeez Siddiqui, DUHS, Karachi

Date: 22nd March, 2019 **Time:** 02:30 - 04:30 pm

Venue: Hall 207 Administration Block- IBA University, Sukkur

Pre Convention Workshop 5: Asthma

Facilitator:

Prof. Shafi Khawar, HOD Pulmonology, GMMC, Sukkur

Prof. Sohail Akhtar, HOD, Pulmonology, The Indus Hospital, Karachi

Date: 22nd March, 2019 **Time:** 02:30 - 04:30 pm

Venue: Hall 106 Administration Block- IBA University, Sukkur

Pre Convention Workshop 6: Current Medical Challenges in the Light of Islam

Facilitator:

Dr. Shazia Naz, Karachi / Dr. Zakia Aurangzeb, Karachi

Date: 22nd March, 2019 **Time:** 05:00 pm - 6:30 pm

Venue: Hall 106 Administration Block- IBA University, Sukkur



Career Guidance Seminar

Venue: Final Year Lecture Hall,

Ghulam Muhammad Mahar Medical College, Sukkur

Timing: 01:00 – 4:30 pm **Date:** 22nd March, 2019 - Friday

Session Chair:

Prof. Aftab Ahmed Soomro, Principal Ghulam Muhammad Mahar Medical College, Sukkur

Co-Chair:

Prof. Khush Muhammad Sohu, Vice Principle Kairpur Medical College

Moderator:

Dr. Azhar Ali Shah, GMMC, Sukkur

Time	Session	Speaker
01:00 - 01:50 pm	Registration (Namaz-e-Zuhr at 1:10 pm)	
01:50 - 2:00 pm	Recitation of The Holy Quran	
02:00 - 2:05 pm	Introduction to PIMA (Video Presentation)	
02:05 - 2:20 pm	How to Plan Your Career	Dr. Kashif Shazlee MBBS, MCPS, FCPS, EDiR, Fellowship in Interventional Radiology, HOD TIH, Karachi
02:35 - 02:50 pm	Options in Saudi Arabia & UAE	Dr. Muneer Sadiq MBBS, FCPS, Consultant Internal Medicine
02:50 - 03:10 pm	Career Opportunities in Pakistan	Dr. Muhammad Usman Tariq MBBS (Dow), FCPS, Consultant Pathologist, Assistant Professor, AKUH
03:10 - 03:25 pm	PLAB: Probs & Cons of Going UK & Ireland	Dr. Syed Ehtishem Junaid MBBS, AICSM Radiology Registrar Cardiff UK
03:25 - 03:45 pm	USMLE: Residency Opportunities & Exam Processes	Dr. Syed Suhaib Hasan; MD
03:45 - 04:00 pm	Career Options for Females	Dr. Zareen Tehseen Associate Professor Surgery & Director Professional Development Centre, JSMU, Karachi
04:00 - 04:30 pm	Questions & Answers	

Hi-Tea & Namaz e Asar 4:30 pm

Inaugural Session

Venue: Auditorium- IBA University, Sukkur

Timings: 08:15 – 10: 00 pm **Date:** 22nd March, 2019 - Friday

Inaugural President

Prof. Nisar Ahmed Siddiqui Vice Chancellor, IBA University, Sukkur

Chief Guest

Mr. Amanullah Kanrani President Supreme Court Bar Association

<i>Time</i>	<i>Topic</i>	<i>Speaker</i>
07:45 - 08:00 pm	Guest to be Seated	
08:00 - 08:05 pm	Tilawat	Janab Qari Qavi
08:05 - 08:10 pm	Welcome Note	Dr. Ahmed Salman Ghauri President PIMA, Sindh
08:10 - 08:20 pm	Introduction of PIMA	Dr. Mian Mohammad Afzal President PIMA Pakistan
08:20 - 08:30 pm	Program Outline	Prof. Saifullah Jamro Chairman Scientific Committee Child Institute SMBBU Larkana
08:30 - 09:15 pm	Thematic Talk on خَيْرُكُمْ مَنْ تَعَلَّمَ الْقُرْآنَ وَعَلَّمَهُ	Dr. Aziz ur Rehman Assistant Professor, Department of Arabic, University of Karachi
09:15 - 09:30 pm	Address by Chief Guest	Mr. Amanullah Kanrani President Supreme Court Bar Association
09:30 - 09:45 pm	Address by President of Inaugural Session	Prof. Nisar Ahmed Siddiqui Vice Chancellor, IBA University, Sukkur
09:45 - 10:00 pm	Shield Distribution & Concluding Remarks	

Dinner 10:00 pm

Day 2- Parallel Scientific Sessions A

23rd March, 2019 - Saturday

Venue: IBA University, Sukkur

Timings: 09:00 - 10:30 am

Session 1: Women Health

Venue: Hall 210

Administration Block

Session Chair:

Prof. Rafia Balouch, HOD, Shaikh Zaid Hospital, Larkana

Co-Chair:

Dr. Kulsoom Rasheed Bhatti, Sukkur

Moderator:

Dr. Hiba Aziz, Sukkur / Dr. Nausheen Memon, Hyderabad

<i>Time</i>	<i>Topic</i>	<i>Speaker</i>
09:00 - 09:10 am	Tilawat & Introduction	
09:10 - 09:30 am	Harassment at Workplace	Prof. Amtullah Zareen Alama Iqbal Medical College Hospital, Lahore
09:30 - 09:50 am	Understanding Anemia	Dr. Shafaq Jahanzeb NIBD, Karachi
09:50 - 10:05 am	Interventional Radiology Bail out Package for Gynae / Obs	Dr. Raza Sayani Associate Professor, AKUH, Karachi
10:05 - 10:20 am	Vesico-Vaginal Fistula (Free paper)	
10:20 - 10:25 am	Q & A	
10:25 - 10:30 am	Concluding Remarks by Co-Chair & Chairperson	

Session 2: Hypertension: A Forgotten Problem

Venue: Hall 106

Administration Block

Session Chair:

Prof. Fasih Ahmed Hashmi, LUMHS

Co-Chair:

Dr. Raj Kumar, Associate Professor, GMMC, Sukkur

Moderator:

Dr. Omer Sultan, JPMC, Karachi

<i>Time</i>	<i>Topic</i>	<i>Speaker</i>
09:00 - 09:10 am	Tilawat & Introduction	
09:10 - 09:30 am	Proper Technique of Blood Pressure Monitoring	Prof. Tariq Ashraf NICVD, Karachi
09:30 - 09:50 am	Evaluation of Newly Diagnosed Hypertension	Dr. Fawad Farooq NICVD, Karachi
09:50 - 10:05 am	Secondry Hypertension: How to diagnose?	Dr. Jawaid Sial NICVD, Karachi
10:05 - 10:20 am	Hypertensive Emergencies	Dr. Hashim Kalwar NICVD, Sukkur
10:20 - 10:30 am	Q & A/ Concluding Remarks	

Session 3: Session on Gastroenterology

Venue: Hall 207
Administration Block

Session Chair:

Prof. Dr. Altaf Ahmed Sheikh, GMMC, Sukkur

Co-Chair:

Dr. Swaleh Channa, GMMC, Sukkur

Dr. Bashir Ahmed Chandio, Assistant Professor, GMMC, Sukkur

Moderator:

Dr. Syed Rehan Ahmed, Consultant Internal Medicine, CHK, Karachi

<i>Time</i>	<i>Topic</i>	<i>Speaker</i>
09:00 - 09:10 am	Tilawat & Introduction	
09:10 - 09:30 am	Fatty Liver: Myths and Reality	Dr. Qamar Ul Arfeen Consultant Gastroenterologist, Ziauddin Medical University Hospital, Karachi
09:30 - 09:50 am	Functional Dyspepsia	Dr. Riaz Ul Hasan Consultant, Sindh Govt, Qatar Hospital, Karachi
09:50 - 10:20 am	H- Pylori infection: Its Diagnosis and Management	Dr. Ali Hyder Associate Professor & HOD, CMCH, Larkana
10:20 - 10:30 am	Q & A / Concluding Remarks	

Session 4: Session on Current Trends in Radiology

Venue: Hall 208
Administration Block

Chairperson:

Prof. Muhammad Azeemuddin, AKU, Karachi

Co-Chair:

Dr. Sohail Akther Jokhio, GMMC, Sukkur

Moderator:

Dr. Farhan Ahmed, ZMU, Karachi

<i>Time</i>	<i>Topic</i>	<i>Speaker</i>
09:00 - 09:10 am	Tilawat & Introduction	
09:10 - 09:30 am	Acute Abdomen; An Interactive Session	Dr. Raza Sayani Associate Professor, AKUH, Karachi
09:30 - 09:50 am	Radiological Manifestations of Pulmonary TB	Dr. Samar Abbasi Consultant Radiologist , SIUT, Sukkur
09:50 - 10:05 am	Role of Ultrasound FAST in Blunt abdominal Trauma	Dr. Akhtar Hussain Khairpur Medical College
10:05 - 10:20 am	Patient Centred Imaging; A Need of the Time	Dr. M. Kashif Shazli Chair imaging, The Indus Hospital, Karachi
10:20 - 10:30 am	Q & A / Concluding Remarks	

Workshop 7: Diabetes Mellitus

Venue: Hall 206
Administration Block

Chairperson:

Prof. Abrar Shaikh, GMMC, Sukkur

Co-Chair:

Dr. Aftab Shah, GMMC Sukkur

Moderator:

Dr. Ghayas-us-Shan

<i>Time</i>	<i>Topic</i>	<i>Speaker</i>
09:00 - 09:10 am	Tilawat & Introduction	
09:10 - 09:30 am	Game Changer- A Paradigm Shift in Diabetes Management	Dr. Iftikhar Ali Shah FCPS Medicine & Assistant Professor of GMMC, Sukkur
09:30 - 09:50 am	Treatment of Diabetes	Prof. Abrar Shaikh GMMC, Sukkur
09:50 - 10:10 am	Diabetes & Ramadan	Dr. Riaz ul Hahas Consultant, Sindh Govt, Qatar Hospital, Karachi
10:10 - 10:20 am	Q & A	
10:20 - 10:30 am	Concluding Remarks by Co-Chair & Chairperson	

Sponsored By Getz Pharma

Tea Break 10:30 am - 11:00 am

Parallel Scientific Sessions B

Timings: 11:00 am - 12:30 pm

Session 6: Session on Ischemic Heart Diseases; Symptom to Science Spectrum of Coronary Artery Disease at Glance

Venue: Hall 106
Administration Block

Chairperson:

Professor Tahir Saghir, NICVD, Karachi

Co-Chair:

Professor Abrar Sheikh, GMMC, Sukkur

Moderator:

Dr. Muhammad Hassan, Associate Professor, NICVD, Sukkur

<i>Time</i>	<i>Topic</i>	<i>Speaker</i>
11:00 - 11:10 am	Tilawat & Introduction	
11:10 - 11:30 am	Chest pain; the key to Coronary Artery Disease	Dr. Fawad Farooq Associate Professor of Cardiology, NICVD, Karachi
11:30 - 11:50 am	Acute Coronary Syndrome; the Spectrum of Coronary Artery Disease	Professor Javed Sial NICVD, Karachi
11:50 - 12:05 pm	Management Strategy in Coronary Artery Disease	Prof. Tariq Ashraf NICVD, Karachi
12:05 - 12:20 pm	The Healthy Heart; Prevention both Primary & Secondary	Dr. Fayyaz Mujtaba Shah Associate Professor, NICVD, Sukkur
12:20 - 12:30 pm	Q & A / Concluding Remarks	

Session 7: Surgical Management of Diabetes

Venue: Hall 207
Administration Block

Chairperson:

Prof. Sher Muhammad Sheikh, MBBSU, Larkana

Co-Chair:

Dr. Ghulam Haider Rind, GMMC, Sukkur

Moderator:

Dr. Altaf Awan, GMMC, Sukkur

<i>Time</i>	<i>Topic</i>	<i>Speaker</i>
11:00 - 11:10 am	Tilawat & Introduction	
11:10 - 11:30 am	The Epidemics: Diabetes	Dr. Tanvir Ahmed Razi Consultant Surgeon, South City Hospital, Karachi
11:30 - 11:50 am	Laparoscopic Facilities: Sindh Experience	Prof. Abdul Razaq Sheikh Sir Syed Medical College, Karachi
11:50 - 12:20 pm	Simulation in Surgery	Prof. Abdullah Muttaqi JMDC, Karachi
12:20 - 12:30 pm	Q & A / Concluding Remarks	

Session 8: Common Skin Problems

Venue: Hall 208
Administration Block

Chairperson:

Dr. S. Sharaf Ali Shah, Karachi

Co-Chair:

Prof. Dr. A. Manan Bhutto, Larkana

Moderator:

Prof. Iqbal Ahmed Shaikh, PMC, Nawabshah

<i>Time</i>	<i>Topic</i>	<i>Speaker</i>
11:00 - 11:10 am	Tilawat & Introduction	
11:10 - 11:30 am	Skin Fungal Infections	Prof. Azam Bukhari HOD Shaikar Medical College, Lahore
11:30 - 11:50 am	Bacterial Skin Infections: its Manifestation and Management	Prof. Irfan Shaikh Larkana
11:50 - 12:20 pm	Sexually Transmitted Infection	Dr. S.Sharaf Ali Shah Karachi
12:20 - 12:30 pm	Q & A / Concluding Remarks	

Session 9: Session on Childhood Diseases

Auditorium IBA Sukkur

Chairperson:

Prof. Khursheed Ahmed Abbasi, Gambhat Medical College

Co-Chair:

Prof. Abdul Hameed Sheikh, CMC, MBBSU, Larkana

Prof. Bahawal Din Jamro

Moderator:

Prof. Ghulam Rasool Bouk

<i>Time</i>	<i>Topic</i>	<i>Speaker</i>
11:00 - 11:10 am	Tilawat & Introduction	
11:10 - 11:30 am	First 1000 Days of Life in Children	Prof. Saifullah Jamro Child Institute SMBBU Larkana
11:30 - 11:50 am	Digestive Ecosystem: A must to know for Clinicians	Prof. Sultan Mustafa HOD Peads, KMDC and ASH, Karachi
11:50 - 12:05 pm	Rational Use of Drugs in Children	Prof. Ali Akbar Siyal HOD, Peoples Medical University, Nawabshah
12:05 - 12:20 pm	Approach to a Child with Abdominal Mass	Dr. Syed Ahmer Hamid Peads Oncologist, The Indus Hospital, Karachi
12:20 - 12:30 pm	Q & A / Concluding Remarks	

Session 10: Infectious Diseases (in Collaboration with MMIDSP)

Venue: Hall 210
Administration Block

Chairperson:

Prof. Asadullah Mahar, Principal Khairpur Medical College

Co-Chair:

Prof. Swaleh Channa, GMMC, Sukkur

Moderator:

Dr. Iftikhar Shah, Assistant Professor, GMMC, Sukkur

<i>Time</i>	<i>Topic</i>	<i>Speaker</i>
11:00 - 11:10 am	Tilawat & Introduction	
11:10 - 11:30 am	Antibiotic Stewardship: Whose Responsibility?	Dr. Sunil Dodani Assistant Professor SIUT, Karachi
11:30 - 11:50 am	XDR Enteric Fever: An Emerging Threat	Dr. Azizullah Khan Dhilloo Assistant Professor, DUHS, Karachi
11:50 - 12:20 pm	Community Acquired Pneumonia	Dr. Iffat Khanum Consultant Infectious Diseases, AKUH, Karachi
12:20 - 12:30 pm	Q & A / Concluding Remarks	

Plenary and Business Session

Auditorium IBA Sukkur

Timings: 12:30 – 02:00 pm

<i>SESSION</i>	<i>Speaker</i>
Dars-e-Quran	Dr. Ata Ur Rehman
Health Indicators and Role of PIMA	Prof. Abdul Gaffar Billoo
Report by GS Sindh	Dr. Abdul Rasheed Memon
Results of Election	Prof. Sohail Akhter
Oath Taking Ceremony	
Speech of the upcoming President PIMA Sindh	
Vote of Thanks & Concluding Remarks	Dr. Nadeem Uddin President PIMA Sukkur

Lunch & Prayers 02:00 pm

CME Certificate Collection - Hall 106



22nd - 23rd March 2019 IBA University, Sukkur

MISSION STATEMENT

“To seek the pleasure of Almighty Allah,
through character building and service to mankind.”

JOIN PIMA

And Strengthen the Medical Fraternity of Muslim Ummah.

PIMA AIMS AND OBJECTIVE

- To motivate doctors to follow the basic tenants of Islam and to organize doctors, agreed to the goal of this organization.
- To organize ideological, ethical and professional training of doctors affiliated with this organization.
- To provide medical help to those in dire need, in disasters or in less privileged areas.
- To use the contact with patients and fellow doctors for promulgation of Islam.
- To help align the National Health Policy and Medical education according to the principal of Islam.
- To align the professional medical association on right and constructive lines and to strive for the solution of problems of health care professionals.



PIMA



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